

"IF ANYONE THIRSTS, LET HIM COME TO ME & DRINK"

The Wednesday following the "Sunday of the Paralytic" is the exact midpoint between the celebration of Pascha and the Feast of the Descent of the Holy Spirit. For centuries, our Holy Orthodox Church has emphasized the significance of this day, referring to it as MID-PENTECOST. The Feast of Mid-Pentecost is viewed as a "link" between these great holy days of the Church, and is based upon the following words of St. John's Gospel: "NOW ABOUT THE MIDDLE OF THE FEAST, JESUS WENT UP INTO THE TEMPLE AND TAUGHT." (John 7:14)

What was it that Christ taught while in Jerusalem for the observance of the Feast of Tabernacles? He spoke of the "higher authority" that His words represented: "MY DOCTRINE IS NOT MINE, BUT HIS WHO SENT ME." (John 7:16) During the festivities of this important Jewish celebration, which commemorated the water flowing from the rock which Moses struck in the wilderness, Jesus boldly proclaimed: "IF ANYONE THIRSTS, LET HIM COME TO ME AND DRINK. HE WHO BELIEVES IN ME, AS THE SCRIPTURE HAS SAID, OUT OF HIS HEART WILL FLOW RIVERS OF LIVING WATERS." (John 7:37-38)

The Feast of Mid-Pentecost is designed to strengthen our faith in the Risen Lord. It reminds us to focus on the coming of the Holy Spirit, which we will commemorate 50 days after our Savior's glorious Resurrection.

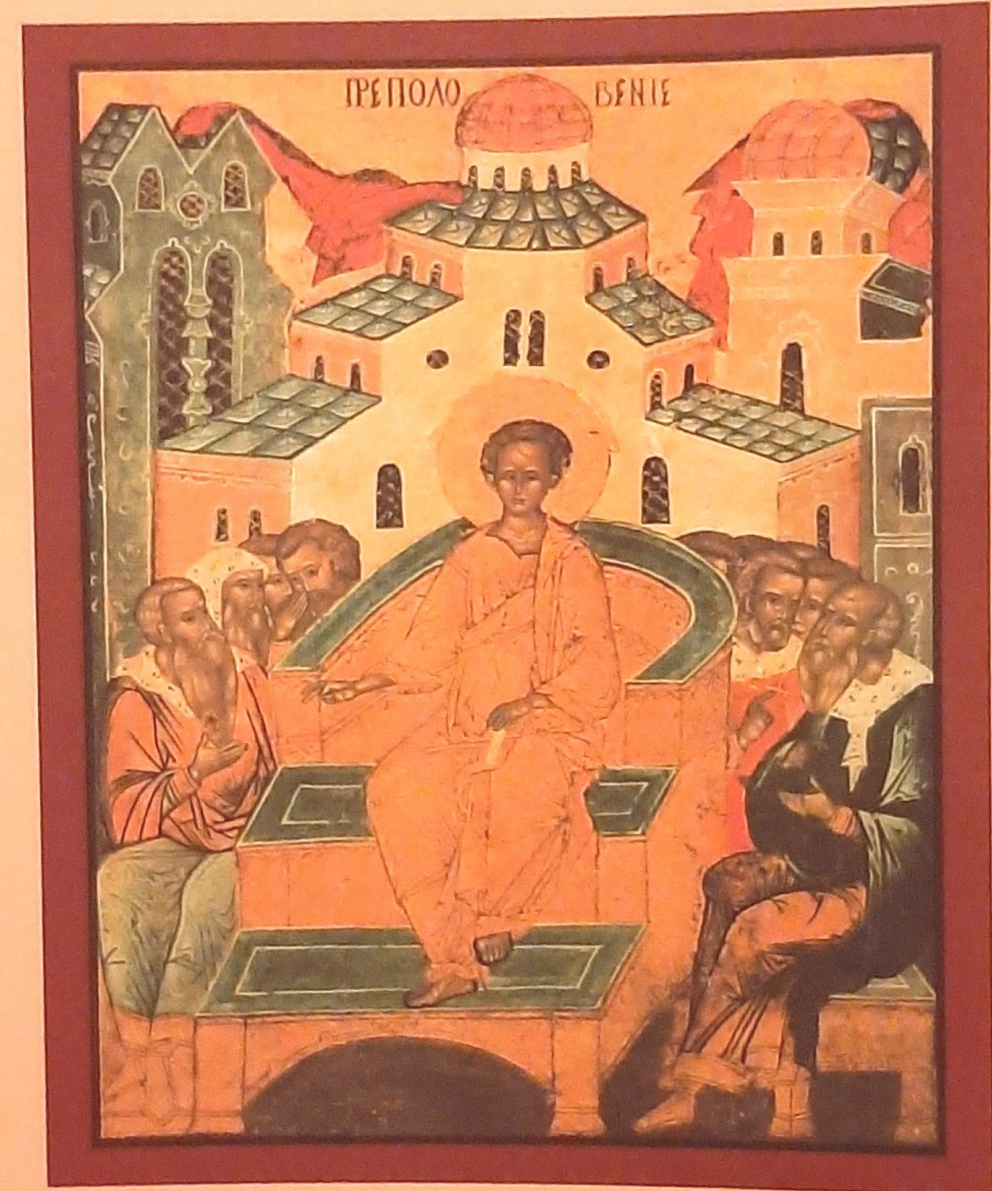
The Orthodox Weekly Bulletin Vestal, Cliffwood, New Jersey Litho in U.S.A.

ABOUT COMMUNION

We are happy that you have joined us today. Indeed, we pray for the "unity of the Faith" for the day when all of Christianity are united as ONE and can share a common Chalice. However, this is not the case as yet. Please note that Holy Communion, the actual Body & Blood of our Lord Jesus Christ, is only for Members of the Orthodox Church who have prepared themselves through prayer, fasting, and confession, & arrived before the Gospel reading. However, everyone is welcome to partake of the blessed bread and receive a blessing from the pastor at the dismissal. If you are interested, you may inquire with the pastor how you can become a member.

If you are a guest or otherwise not a regular communicant, please give your baptismal name when receiving.

CHRIST TEACHING



IN THE TEMPLE



St. Anthony The Great Antiochian Orthodox Church

4031 Aurora Rd.; Melbourne, Florida
Mailing address : P.O.Box 267, Melbourne, FL 32902
Very Rev. Fr. Elia Shalhoub, Pastor & Dean of South Florida Deanery
Phone: (305) 812-4940 , E-Mail: elia_shalhoub@yahoo.com
Pastor's address: 2295 Oklahoma St.. W. Palm Beach, FL 33406

WELCOME TO ST. ANTHONY'S

Where people from around the world come together to serve God and our community. We are glad you are worshipping with us today! This Church is one community of many in the One, Holy, Catholic, and Apostolic Church. The Church of Antioch belongs to two thousand years of evangelization, teaching, history, and tradition which expresses the continued commitment of its members to the Orthodox Christian faith in the Lord Jesus Christ!

St. Anthony Church is a Pan-Orthodox community, under the omophorion of His Beatitude Patriarch JOHN X within the Self-ruled Antiochian Orthodox Christian Archdiocese of North America. If you are a first time visitor, please fill out the guest form located on the literature table. We want you to feel at home in prayer and worship. Please submit your names to the ushers and introduce yourself to Fr. Elia at the end of the service so he may welcome you personally.

Following services, please join us for sharing of fellowship, coffee, and food.

DIVINE LITURGY VARIABLES FOR SUNDAY, MAY 07, 2023

TONE 3 / EOTHINON 5; FOURTH SUNDAY OF PASCHA

SUNDAY OF THE PARALYTIC

APPEARANCE OF THE SIGN OF THE PRECIOUS CROSS IN THE HEAVENS ABOVE JERUSALEM (351 A.D.); MARTYR AKAKIOS THE CENTURION AT BYZANTIUM

VARIOUS ARRANGEMENTS OF "CHRIST IS RISEN"

Arabic ([slow, chant](#)) // English ([slow, chant](#)) // English-Arabic-Greek ([quick, chant](#))

English-Greek ([slow, choral](#)) // Arabic ([slow, choral](#))

The Priest begins Divine Liturgy with "Blessed is the Kingdom" and the choir responds "Amen." Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion and censes the west side of the Altar Table.

Priest: Christ is risen from the dead, trampling down death by death; and upon those in the tombs bestowing life!

~ The Choir then sings this twice, and the Liturgy continues with the Great Litany.

THE FIRST ANTIPHON

Verse: Shout with joy to God, all the earth; sing to His Name, give glory to His praises.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Verse: Say to God: How awesome are Thy works; let all the earth worship Thee, and sing to Thee. Let it sing a song to Thy Name, O Most High. (*Refrain*) Glory... Both now... (*Refrain*)

THE SECOND ANTIPHON

Verse: May God have mercy upon us, and bless us, and may He cause His face to shine upon us, and have mercy upon us.

Refrain: Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

Verse: That Thy way may be known upon earth, Thy salvation among all nations; let the people give thanks to Thee, O God, let all the people give thanks to Thee. (*Refrain*) **Verse:** May God bless us, and may all the ends of the earth fear Him. (*Refrain*) Glory... Both now... O, only begotten Son and Word of God...

Please support our sponsors



Peri Kiros, REALTOR
GRS, GRI, ABR, SRES, ALHS, ePRO, SFR

3230 Murrel Road
Rockledge, FL. 32955
Direct: (321) 432-1993

Peri doesn't LET things happen
She MAKES things happen!

Website: MyGreekAgent.com
Email: PeriKiros@gmail.com

OLYMPIA Cafe

1512 SOUTH HARBOR CITY BLVD.
MELBOURNE, FLORIDA 32901
P: 321-676-8910 · F: 321-676-8911
WWW.OLYMPIACAFEMELBOURNE.COM
ADRIANE & TED

JPN Handyman

Cell: 954-547-4433

Pressure washing

Lawn Mowing

Minor Landscaping

Electronics Repair

3D printing Repair

Ask for other services



If you would like to promote your business, and support our bulletin, place your ad here. Only \$100 a year

- that's less than \$2 per ad.

To place your ad in our weekly bulletin call or email Yuliya:

(321) 960-9564 or

yuliya.warner@yahoo.com

"Let Us make man in Our image, according to Our likeness."

Genesis 1:26



2023 Parish Life Conference
Diocese of Miami and the Southeast
Miami, Florida



June 14-17, 2023

Hosted by St. George Cathedral Coral Gables, Florida at the Embassy Suites

Join us in Miami, Florida - the home of warm weather and beautiful beaches.

Register at www.miamiplc.org



Faith, Orthodoxy, Love, Joy
All waves lead to Miami 2023

THE THIRD ANTIPHON

Verse: Let God arise, and let His enemies be scattered, and let those who hate Him flee from before His face.

Refrain: Christ is risen from the dead, trampling down death by death; and upon those in the tombs, bestowing life!

Verse: As smoke vanishes, so let them vanish, as wax melts before the fire. (*Refrain*)

Verse: So let sinners perish before the face of God, and let the righteous be glad. (*Refrain*)

Verse: This is the day which the Lord hath made; let us rejoice and be glad in it. (*Refrain*)

THE EISODIKON (ENTRANCE HYMN) OF PASCHA

In the gathering places bless ye God the Lord, from the springs of Israel. Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

~ Now sing these hymns in the following order.

RESURRECTIONAL APOLYTIKION IN TONE THREE

Let the heavens rejoice and the earth be glad, for the Lord hath done a mighty act with His own arm. He hath trampled down death by death, and become the first-born from the dead. He hath delivered us from the depths of Hades, granting the world the Great Mercy.

APOLYTIKION OF ST. ANTHONY THE GREAT

Thou didst become like the zealous Elijah in his condition, and followed John the Baptist in his upright ways. Becoming a dweller in the wilderness, and an establisher of the universe by thy prayer O Father Anthony. Wherefore intercede thou with Christ our God to save our souls.

THE KONTAKION OF PASCHA IN TONE EIGHT

Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

THE EPISTLE

O chant unto our God, chant ye. Clap your hands, all ye nations.

The Reading from the Acts of the Holy Apostles. (9:32-42)

In those days, as Peter went throughout all regions, he came down also to the saints who dwelt at Lydda. There he found a certain man named Aeneas, who was bedridden for eight years and paralyzed. And Peter said to him: "Aeneas, Jesus Christ heals you; arise and make your bed." And immediately he arose. And all who dwelt at Lydda and Sharon saw him, and they turned back to the Lord. Now there was at Joppa a certain disciple named Tabitha (which means Gazelle). She was full of good works and of charitable deeds which she did. And it came to pass in those days that she fell sick and died; and when they had washed her, they placed her in an upper chamber. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him: "Come to us without delay!" So Peter arose and went with them. And when he arrived, they took him into the upper chamber. All the widows stood by him weeping, showing the tunics and other garments which Tabitha made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body, he said: "Tabitha, arise!" And she opened her eyes, and when she saw Peter, she sat up. And he gave her his hand, and raised her up. Then he called the saints and widows and presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

THE GOSPEL

The Reading from the Holy Gospel according to St. John. (5:1-15)

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for 38 years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befalls you." The man went away and told the Jews that it was Jesus Who had healed him.

MEGALYNARION FOR PARALYTIC SUNDAY IN TONE ONE

The angel spake to her that is full of grace, saying, O pure Virgin, rejoice; and I say also, Rejoice; for thy Son is risen from the tomb on the third day.

We believers in unison bless thee, O Virgin, crying: Rejoice, O gate of the Lord. Rejoice, O living city. Rejoice, O thou from whom didst rise upon us from the dead the Light of Resurrection, He Who was born of thee.

KOINONIKON (COMMUNION HYMN) OF PASCHA IN TONE EIGHT

Receive ye the body of Christ; taste ye the Fountain of immortality.

Instead of "We have seen the true light," sing "Christ is Risen" once.

Announcements

Epistle Readers

May 6

Patricia Smith

May 13

Bill Jackson

May 21

Debbie Thieme

May 28

Jeffrey Dick

Join us for AVO today after the coffee hour.

All ladies are invited.

Rada Cutlery Teen SOYO Fundraiser (see flyer in back)

!Soul Saturday! Saturday, June 3

Please write down the names of your loved ones who fell asleep in the Lord and turn it in to Yuliya on or before Sunday, May 28.

Please pray for the healing of John Thieme, Debbie Thieme, Jennifer Glass, Beverly Delida, Lisa Zolton, Tatiana Jones, Gabriella Baika, Ted Theodoropoulos, Susan Perers, Alix Hall, Nina and Diogo Penas, Beth Manzini, John Archambeau, Alex & Soula.

2023 PLEDGE DRIVE

Thank you to all who already have signed the form.

Total from 32 pledges is 93,230.00

Fr. Elia and Kh. Odette Shalhoub

Deborah Abdo D'Ambrosio

Lou Abraham

Gabriella Baika

Michealle Carey

Jeff and Holly Dick

Ionica and Marcel Dragu

Stephanie Enstice

Zachary Ferreli

Yuliya Gabbasova

Michael and Janet Gorczynski

Alix Hall

Michael and Skylla Holland

William and Sheree Jackson

John and Joanne Karas

Steve and Valerie Karas

Peri Kiros

Michael and Alyssa Lieberman

Adrian and Carrie Matos

Michael Mooney

Carlos and Olga Munoz

Jean Najjar

Ethan Packey

William Snell and Susan Perers

Tristan and Jenny Riter

Alex and Bobbi Skaff

Patricia Smith

Mark and Lori Sorenson

Priscilla Spinola

Deborah Thieme

Isaac Vaughn

(Our Goal for 2023 is \$90,000.00)

All Pledge & Tithing members Names will be listed in the Bulletin

THE ARCHDIOCESE ANNUAL ASSESSMENT (\$50.00) PER BAPTISED SOUL
EVERY PARISHIONER IS RESPONSIBLE TO PAY THIS ASSESSMENT ONCE A
YEAR BESIDE YOUR PLEDGE TO THE CHURCH.

IF YOU HAVEN'T SUBMITTED THE ASSESSMENT MONEY YET,
PLEASE DO SO AS SOON AS YOU CAN. THANK YOU FOR YOUR GENEROSITY!

WE'RE SELLING
**RADA
CUTLERY**
SHOP NOW TO
SUPPORT OUR GROUP



Be prepared for upcoming weddings, graduations, and other occasions as you support **St. Anthony Teen Soyo**, through this Rada Cutlery fundraiser!

Pick up a catalog in the entry or visit <https://radafundraising.com?rfsn=7285515.5337bb> to start shopping.

Thank you!
Shop Now through May 21st!!

2023 BIBLE BOWL

The Book of Genesis



Happy Godparents' Day

Their gift to us is something special that neither time nor place nor the changing tides of life can take away...
Their loving presence, reflecting God's love for us, goes on forever in our lives.

I promise...
To love you.
To guide you.
To support you.
To care for you.
To encourage you.

And hold you in my heart forever and always.



MAY 7TH SUNDAY OF THE PARALYTIC

Beloved in Christ,
Christ is risen!

The definition of 'hopelessness' is the feeling or condition of having no hope; despair; desperation. In the Gospel reading for this Sunday - John 5: 1-15, we learn of an encounter between Jesus Christ and a man who had been paralyzed for 38 years. For quite some time, he sat by the 'Sheep Pool' hopeless, in despair and desperately looking to be healed. Christ would grant him healing that he sought with one condition: "Go and sin no more."

Most of us no doubt have felt hopeless at times, enduring times in our life when everything around us seems to be crumbling, and nothing can be done about it. If we're not careful, the sense of hopelessness can morph into an ongoing outlook on life where we expect the worst to happen. We believe things are already decided against us—and there's nothing we can do. The Paralytic believed this.

Christ restored the Paralytic who had all but lost hope. If we trust in Him, Christ can give us a fresh perspective on the darkness that can surround us. He is our true hope.

Glory to Thee, O Christ our God and sure hope, glory to Thee!

In closing, some wisdom from the Church Fathers.

"The heart naturally seeks happiness—and the Devil gives a false direction to this tendency, and allures it by earthly happiness, that is—by riches, honors, splendor of dress, furniture and various amusements." St. John of Kronstadt

In the Risen Lord

Fr. Elia Shalhoub

Very Rev. Fr. Elia Shalhoub, Pastor



TODAY'S FEAST
SUNDAY OF THE PARALYTIC
Read "Overcoming the Paralysis of our Passions"
by Fr. Philip LeMasters Liturgical Resources

○ Jesus our God... by a divine word, Thou didst raise up the paralytic, commanding him to walk straightway and to take up upon his shoulders his bed, which had carried him. Wherefore, together with him we all praise Thee and cry:
 ○ compassionate Christ, glory to Thy dominion and might. - Oikos at Orthros

On this, the fourth Sunday of Pascha, we make commemoration of the Paralytic and, as is meet, we celebrate the miracle wrought for him.

Jesus healed the Paralytic at the Sheep's Pool, located near the Sheep's Gate of Jerusalem, where people sacrificed their beasts and washed their insides. The pool had five sides, with a porch and arch on each. A number of people, afflicted with various diseases, passed through them, waiting at the water for an angel to come down and stir it. Once it moved, whoever stepped into the water first was instantly healed.

One poor man, whose story is recounted in today's Gospel lection in the Divine Liturgy, waited 38 years for someone to lower him into the water, because he was unable to move into the water himself. However, the Savior merely commanded the man to get up and walk, and he was healed.

According to the expounders of the Gospels, the Lord Jesus healed this paralytic during the days of the Passover, when He had gone to Jerusalem for the Feast, and dwelt there teaching and working miracles. According to Saint John the Evangelist, this miracle took place on the Sabbath. The icon of the Sunday of the Paralytic depicts the biblical story of the Christ healing the paralytic. Our Lord, accompanied by His disciples, is shown blessing the paralytic. The man has risen and taken up his bed as commanded by Christ. The paralytic is bowing toward the Lord in reverence and in gratitude for the great miracle that has been done. In the background of the icon is the pool where the infirm came for healing.



COMMEMORATION OF THE PRECIOUS CROSS
THAT APPEARED IN THE SKY OVER JERUSALEM IN 351 A.D.

On this day in the year 351, not long after Cyril had succeeded Maximus as Archbishop of Jerusalem, during the reign of Constantius, the son of Saint Constantine the Great, on the day of Pentecost, the sign of the Cross appeared over Jerusalem. Saint Cyril, in his letter to the Emperor Constantius, says, "At about the third hour of the day, an enormous Cross, formed of light, appeared in the heaven above holy Golgotha and reaching to the holy Mount of Olives, being seen not by one or two only, but manifest with perfect clarity to the whole multitude of the city; not, as one might suppose, rushing swiftly past in fancy, but seen openly above the earth many hours in plain sight, and overcoming the beams of the sun with its dazzling rays" (PG 33:1 16q).

A Defeatist Attitude

A Defeatist Attitude is a Prescription for Defeat

As Christians we must believe that our ultimate welfare is in the hands of God and recognize that our life, although filled with many difficulties and struggles, is a journey of anticipation to the Eternal Life that is to come. Because this journey is not without sorrow and pain, worry and anxiety, it is easy to surrender to a defeatist attitude, and act as though we have no hope. Our attitude, and even our speech, reflect on the health of our soul, and should be a key sign as to the wellness of our heart. If we are prone to complaining about our lives, or complaining about those around us, it is unlikely we will be prepared to choose a positive direction when the choice is before us. The way we relate to others has an effect on their lives, and ours. If we make an effort to be positive, and live our lives with hope and faith, those around us profit, and everyone becomes healthy in spirit and in heart. Giving ourselves over to anxiety and fear does nothing but bring us down, and it pulls those around us down as well. Allowing ourselves to speak negatively does nothing to promote well-being, and can in fact be the cause of a worsening situation. Approaching life with a defeatist attitude is a surefire way of being defeated in the end. The great King Solomon said, "To everything there is a season, a time for every purpose under Heaven: A time to keep silence, and a time to speak (Ecclesiastes 3:1,7)". Negative speech contributes nothing to the heart but death. Receiving everything that comes our way with joy is the only way to bring about the healing of the heart. Negative speech is a reflection of a heart that is in need of healing, but joyful speech is like water for a thirsty plant that brings forth fruit for all around. "For the thing which I greatly feared is come upon me, and that which I was afraid of is come unto me (Job 3:25)."

The Very. Rev. Abbot Tryphon is Igumen of All-Merciful Saviour Monastery on Vashon Island, Washington. This and other articles may be found on his website abbottryphon.com