



## St. Anthony The Great Antiochian Orthodox Church

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Very Rev. Fr. Elia Shalhoub, Pastor & Dean of South Florida Deanery

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### WELCOME TO ST. ANTHONY'S

Where people from around the world come together to serve God and our community. We are glad you are worshipping with us today! This Church is one community of many in the One, Holy, Catholic, and Apostolic Church. The Church of Antioch belongs to two thousand years of evangelization, teaching, history, and tradition which expresses the continued commitment of its members to the Orthodox Christian faith in the Lord Jesus Christ!

St. Anthony Church is a Pan-Orthodox community, under the omophorion of Metropolitan JOSEPH within the Self-ruled Antiochian Orthodox Christian Archdiocese of North America. If you are a first time visitor, please fill out the guest form located on the literature table. We want you to feel at home in prayer and worship. Please submit your names to the ushers and introduce yourself to Fr. Elia at the end of the service so he may welcome you personally.

Following services, please join us for sharing of fellowship, coffee, and food.

## DIVINE LITURGY VARIABLES ON SUNDAY, JULY 24, 2022 TONE 5 / EOTHINON 6; SIXTH SUNDAY AFTER PENTECOST & SIXTH SUNDAY OF MATTHEW GREAT-MARTYR CHRISTINA OF TYRE

NEW-MARTYRS ATHANASIOS OF IKIA AND THEOPHILOS OF ZAKYNTHOS;  
ATHENAGORAS THE CONFESSOR; PASSION-BEARERS BORIS (ROMAN) AND GLEB (DAVID)

*NOTE TO CLERGY: Remember to include this special petition in the Great Litany before the one for the head of state, as directed by the Antiochian Archdiocese.*

**Deacon:** For Metropolitan Paul, Archbishop John, and for their quick release from captivity and safe return, let us pray to the Lord.

**Choir:** Lord, have mercy.

~ During the Little Entrance, chant the Resurrectional Apolytikion. The Eisodikon (Entrance Hymn) is "O come, let us worship... save us, O Son of God, Who art risen from the dead..." After the Little Entrance, chant the apolytikia in the following order:

### RESURRECTIONAL APOLYTIKION IN TONE FIVE

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

### APOLYTIKION OF ST. CHRISTINA IN TONE FOUR (\*\* Joseph was amazed\*\*)

O Lord Jesus, unto Thee Thy lamb doth cry with a great voice: \* O my Bridegroom, Thee I love; and seeking Thee, I now contest, \* and with Thy baptism am crucified and buried. \* I suffer for Thy sake, that I may reign with Thee; \* for Thy sake I die, that I may live in Thee: \* accept me offered out of longing \* to Thee as a spotless sacrifice. \* Lord, save our souls through her intercessions, since Thou art great in mercy.

### APOLYTIKION OF ST. ANTHONY THE GREAT

Thou didst become like the zealous Elijah in his condition, and followed John the Baptist in his upright ways.

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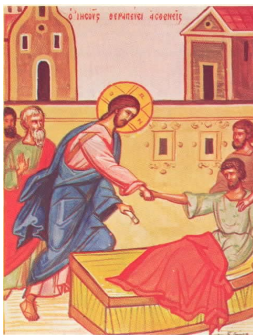
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## TODAY'S FEAST SUNDAY, JULY 24<sup>TH</sup> 2022 SIX SUNDAY AFTER PENTECOST

### CHRISTINA THE GREAT MARTYR OF TYRE

**Saint Christina was from Tyre in Syria, the daughter of a pagan named Urban. Enlightened in her heart to believe in Christ, she broke her father's idols, made**

**of gold and silver, and distributed the pieces to the poor. When her father learned this, he punished her ruthlessly, then cast her into prison. The rulers subjected her to imprisonments, hunger, torments, the cutting off of her breasts and tongue, and finally impalement, in the year 200, during the reign of the Emperor Septimius Severus.**



### BORIS AND GLEB, THE PASSION-BEARERS

**JULY 24<sup>TH</sup>**

The holy Passion-bearers Boris and Gleb, named Romanus and David in sacred Baptism, were the pious sons of the holy Great Prince Vladimir.

In 1015 they were slain at the command of their brother Svyatopolk-Saint Boris, on July 24 on the Alta River,

near Pereyaslavl, and Saint Gleb, on September 5 on the bank of the Smyadinya River, near Smolensk. Although both had understood their brother's designs against them, they refused to take up arms against him and bring civil war upon their land, preferring to fulfill the commandment, "Resist not evil" (Matt. 5:39). The holy relics of Saint Boris were then buried in Vyshgorod, to which the holy relics of his brother were transferred five years later. Miracles were worked through the holy relics of the meek and guileless brothers during the consecration in Vyshgorod of a church in their honor on this day in 1021.

Becoming a dweller in the wilderness, and an establisher of the universe by thy prayer O Father Anthony. Wherefore intercede thou with Christ our God to save our souls.

### ORDINARY KONTAKION IN TONE TWO

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

### THE EPISTLE

(For Sixth Sunday after Pentecost)

*Thou, O Lord, wilt preserve us and keep us from this generation.*

*Save me, O Lord, for the Godly man hath disappeared.*

**The Reading from the Epistle of St. Paul to the Romans. (12:6-14)**

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, and serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

### THE GOSPEL

(For Sixth Sunday of Matthew)

**The Reading from the Holy Gospel according to St. Matthew. (9:1-8)**

At that time, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith He said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—He then said to the paralytic—"Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, Who had given such authority to men.

~ *The Divine Liturgy of St. John Chrysostom continues as usual.*

### **ABOUT THE DIVINE LITURGY**

The Divine Liturgy expresses the entire Christian faith in a continuous song of praise and prayer addressed to God. It is focused on God, not on us. There is nothing just for amusement or entertainment.

Since much of the service is the same every week, worshippers know it and can participate personally, either by singing along or just by prayerful attention. Worshippers are surrounded by icons (pictures of Christ and the saints), which remind us that we are participating, while on earth, in the worship of all the angels and saints in heaven. The entire service (except for the sermon) is sung. The words are all from Scripture or ancient Christian texts. Please follow the service in the books available in the pews. Weekly changes will appear below and marked with a corresponding letter in the service book.

### **COME BACK**

We hope to see you next week. Each Sunday we celebrate the Resurrection of Christ with our morning Matins service at 8:45am followed by the main Sunday service, Divine Liturgy at 10am. Sunday School for the Children follows Communion. Fr. Elia would love to speak with you and answer any questions you may have. Please fill out our Guest Form (CONNECTION CARD). There's also a place where you can let us know any specific needs or concerns and we will lift them up in prayer. We welcome everyone who would like to learn more about the Orthodox Christian Faith. Please contact Fr. Elia either by E-Mail (elia\_shalhoub@yahoo.com) or on his cell phone (305) 812-4940



## Announcements



July 24th  
July 31st  
August 7th  
August 14th  
August 21st  
August 28th

**Epistle Readers**  
Kevin Michael Brown  
Ionica Dragu  
Adrian Magelitz  
Nelly Dragu  
Charles Munoz  
Seleen Adili

St. Paul to the Romans. (12:6-14)  
St. Paul to the Romans. (15:1-7)

**AWO meeting today after the Coffee Hour.  
Election of the Officers.**



There will be a Forty day Memorial service after the Liturgy  
**in Memory of Holly Blank,**  
**May her memory be Eternal.**

**Join us Friday, July 29 at 5:30pm for Vespertal Liturgy,  
Celebrating the Feast of the Healer St. Panteleimon.**

"Holy Great-Martyr and Healer Panteleimon, thou imitator of God's mercy!

Look down in thy loving kindness and hearken unto us, sinners,  
who offer heartfelt prayers before thy holy icon.

Ask for us from the Lord God, before Whom the Angels stand in heaven,  
remission of our sins and transgressions.

Heal the ills of body and soul of the servants of God whom we here  
commemorate, who are here present, and of all Orthodox Christians who seek thy help.

For behold, we, who because of our sins are possessed by bitter ills and have no help or  
consolation, yet flee to thee for refuge, since thou hast been given Grace to pray for us and to  
heal every ill and every disease. Grant, therefore, to all of us, by thy holy prayers, health and  
strength of soul and body, a good growth in the Faith and in devotion, and all that is needful unto  
this temporal life and unto our salvation: So that, having been granted great and rich mercy  
through thee, we may glorify thee and Him that bestoweth all good things, our God Who is  
wondrous in His Saints, the Father, and the Son, and the Holy Spirit. Amen. "



**Next Saturday, July 30 ONE DAY SUMMER CAMP**

**Join us at 10:30am-4pm for a day of fun (see flyer inserted)**

### Humanitarian Project

**School supply drive for Sabal Elementary School**  
**Sunday, July 17-Sunday, July 31**

**Please donate cash or check with memo "School supply Drive"**



## **JULY 24<sup>TH</sup> 6<sup>TH</sup> SUNDAY AFTER PENTECOST** **ST. CHRISTINA OF TYRE** **BELOVED IN CHRIST**

The late Metropolitan Anthony (Bloom) of Sourozh in his book 'The Art of Prayer,' writes of prayer as *"making room for God in our lives."* In today's world, there are many individuals and events that seek to make room in our lives (compete for attention). Because of this, our prayer life, and by extension our relationship with God is marginalized. Quite often, the only time there is room for God in our lives is when we need something from God.

For Orthodox Christians, prayer is essential to a Christian life. In the gospels, we read that Jesus Christ made time to pray and taught men to do likewise. The late Fr. Thomas Hopko wrote that *"Christians pray to enable themselves to know God and to do his commandments. Unless a person is willing to change himself and to conform himself to Christ in the fulfillment of his commandments, he has no reason or purpose to pray. According to the saints, it is even spiritually dangerous to pray to God without the intention of responding and moving along the path that prayer will take us."*

Our prayer need not be complicated, or even lengthy. Ideally it should be regular and simple. When we pray, we ask that God's will be done in every aspect of our life. In our prayer we give thanks to God for all he provides for us. We pray to seek forgiveness for our sins. We pray for others, that He will be merciful and grant to them that which is needful. Our prayer is not about giving God a "to do list." It's about *"making room for God"* in our lives.

In closing, Some words from Saint Tikhon of Zadonsk on Prayer:

*"As a bird without wings, as a soldier without arms, so is a Christian without prayer."*

**Yours in Christ**

*Fr. Elia Shalhoub*

**Very Rev. Fr. Elia Shalhoub, Pastor**



**Please pray for the healing of** John Thieme, Debbie Thieme, Ann Shark, Jennifer Glass, Beverly Delida, Lisa Zolton, Tatiana Jones, Gabriella Baika, Ted Theodoropoulos, Susan Perers, Lou Abraham, Alix Hall, Shirley Young, Nina and Diogo Penas, Beth Manzini, John Archambeau, Alex & Soula.





St. Anthony Summer Camp  
Saturday, July 30 at 10:30am-4pm

## Under the Sea

Join us for a Fun Adventure

### Love Your Enemies *by Abbot Tryphon*

**How Can We Possibly Love Everyone? We are instructed by Christ to love our neighbors as ourselves, and even to love our enemies. There are always individuals who come into our lives that we find difficult to like, let alone love. Given this, how do we follow the commandment of Christ to love everyone? As Christians we venerate icons of Christ, among them those showing Christ suffering on the cross. When the priest or deacon censures the church during the services he also censures the people, recognizing the image of God in everyone. If we see everyone as Christ, those who are unlovable, unkind, hurtful, or even evil, can still be loved if we look upon them as Christ crucified. They, like ourselves, are created in the image and likeness of God, yet their sin obscures the image. They, by their fallen nature and unrepentant lives, are Christ crucified. They are loved by God and we are commanded to do the same. But how? This is where grace comes in! Like Saint Paul, we can say that anything good we do is Christ in us. Loving one's enemies is perhaps one of the most difficult of Christ's commandments to keep, but with Christ all things are possible. As we struggle to love others we must do so with a prayerful heart, asking that the Lord give us the grace needed to truly love others. It is the same grace from God that is needed to forgive those who offend or hurt us. God forgives us, loves us, so we can also forgive and love others. It is all about grace, for if we seek out the aid of the Holy Spirit, all things good can be ours, including holiness.**

*The Very. Rev. Abbot Tryphon is Igumen of All-Merciful Saviour Monastery on Vashon Island, Washington. This and other articles may be found on his website [abbottryphon.com](http://abbottryphon.com)*