

Η ΦΙΛΑΦΗΣΙΣ







## St. Anthony The Great Antiochian Orthodox Church

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### WELCOME TO ST. ANTHONY'S

Where people from around the world come together to serve God and our community.  
We are glad you are worshipping with us today! This Church is one community of many in the One, Holy, Catholic, and Apostolic Church. The Church of Antioch belongs to two thousand years of evangelization, teaching, history, and tradition which expresses the continued commitment of its members to the Orthodox Christian faith in the Lord Jesus Christ!

St. Anthony Church is a Pan-Orthodox community, under the omophorion of Metropolitan JOSEPH within the Self-ruled Antiochian Orthodox Christian Archdiocese of North America.

If you are a first time visitor, please fill out the guest form located on the literature table.  
We want you to feel at home in prayer and worship. Please submit your names to the ushers and introduce yourself to Fr. Elia at the end of the service so he may welcome you personally.

Following services, please join us for sharing of fellowship, coffee, and food.

### DIVINE LITURGY VARIABLES ON SUNDAY, MAY 01, 2022

#### NEW SUNDAY OR ANTI-PASCHA

SUNDAY OF THOMAS THE APOSTLE, CALLED "THE TWIN"

PROPHET JEREMIAH; VENERABLE-MARTYRS EUTHYMIOS,  
IGNATIUS AND AKAKIOS OF PRODROMOU SKETE ON ATHOS

*NOTE TO CLERGY: Remember to include this special petition in the Great Litany before the one for the head of state, as directed by the Antiochian Archdiocese.*

**Deacon:** For Metropolitan Paul, Archbishop John, and for their quick release from captivity and safe return, let us pray to the Lord.

**Choir:** Lord, have mercy.

#### VARIOUS ARRANGEMENTS OF "CHRIST IS RISEN"

Arabic ([slow, chant](#)) // English ([slow, chant](#)) // English-Arabic-Greek ([quick, chant](#))  
English-Greek ([slow, choral](#)) // Arabic ([slow, choral](#))

~ The Priest begins Divine Liturgy with "Blessed is the Kingdom" and the choir responds "Amen."  
Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion and censes the west side of the Altar Table.

Priest: Christ is risen from the dead, trampling down Death by death; and upon those in the tombs bestowing life!

~ The Choir then sings this twice, and the Liturgy continues with the Great Litany.

#### THE FIRST ANTIPHON

Shout with joy to God, all the earth; sing to His Name, give glory to His praises.

**Refrain:** Through the intercessions of the Theotokos, O Savior, save us.

Say to God: How awesome are Thy works; let all the earth worship Thee, and sing to Thee. Let it sing a song to Thy Name, O Most High. (**Refrain**)

Glory... Both now... (**Refrain**)

### **THE SECOND ANTIPHON**

May God have mercy upon us, and bless us, and may He cause His face to shine upon us, and have mercy upon us.

**Refrain:** Save us, O Son of God, Who art risen from the dead; who sing to Thee. Alleluia.

That Thy way may be known upon earth, Thy salvation among all nations; let the peoples give thanks to Thee, O God, let all the peoples give thanks to Thee. (**Refrain**)

May God bless us, and may all the ends of the earth fear Him. (**Refrain**)

Glory... Both now... O, only begotten Son and Word of God...

### **THE THIRD ANTIPHON**

Let God arise, and let His enemies be scattered, and let them that hate Him flee from before His face.

**Refrain:** Christ is risen from the dead, trampling down death by death; and upon those in the tombs, bestowing life!

As smoke vanisheth, so let them vanish; as wax melteth before the fire. (**Refrain**)

So let sinners perish at the presence of God, and let the righteous be glad. (**Refrain**)

This is the day which the Lord hath made; let us rejoice and be glad therein. (**Refrain**)

*After the verses of the Third Antiphon, chant the following:*

### **THE EISODIKON (ENTRANCE HYMN) OF PASCHA**

In the gathering places bless God the Lord, from the springs of Israel. Save us, O Son of God, Who art risen from the dead, who sing to Thee: Alleluia.

*~ After the Little Entrance (Eisodos), sing these hymns in the following order.*

### **APOLYTIKION FOR THOMAS SUNDAY IN TONE SEVEN**

While the tomb was sealed, Thou didst shine forth from it, O Life. While the doors were closed, Thou didst come in to Thy Disciples, O Christ God, Resurrection of all, renewing in us through them an upright spirit, according to the greatness of Thy mercy.

*~ Do NOT sing the apolytikion of the patron saint or feast of the temple.*

### **THE KONTAKION OF PASCHA IN TONE EIGHT**

Though Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

### **THE EPISTLE**

*Great is our Lord, and great is His strength. Praise ye the Lord, for the Lord is good.*

#### **The Reading from the Acts of the Holy Apostles. (5:12-20)**

In those days, many signs and wonders were done among the people by the hands of the apostles; and they were all with one accord in Solomon's porch. None of the rest dared to join them, but the people magnified them. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the cities around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the chief priest rose up and all who were with him, that is, the sect of the Sadducees, and filled with jealousy they laid their hands on the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said: "Go and stand in the temple and speak to the people all the words of this Life."

### **THE GOSPEL**

#### **The Reading from the Holy Gospel according to St. John. (20:19-31)**

On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be to you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they

saw the Lord. Jesus said to them again, "Peace be to you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe." Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be to you." Then He said to Thomas, "Put your finger here, and see My hands; and put out your hand, and place it in My side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to him, "Thomas, you have believed because you have seen Me. Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His Name.

### **MEGALYNARION FOR THOMAS SUNDAY IN TONE ONE**

O most radiant lamp, the Theotokos, the immeasurable honor, which is more exalted than all creatures, with praises do we magnify thee.

### **KOINONIKON (COMMUNION HYMN) OF THOMAS SUNDAY (Psalm 147:1)**

Praise the Lord, O Jerusalem; praise thy God, O Zion. Alleluia.

Instead of "We have seen the true light," sing "Christ is Risen" ONCE.

### **ABOUT THE DIVINE LITURGY**

The Divine Liturgy expresses the entire Christian faith in a continuous song of praise and prayer addressed to God. It is focused on God, not on us. There is nothing just for amusement or entertainment.

Since much of the service is the same every week, worshippers know it and can participate personally, either by singing along or just by prayerful attention. Worshippers are surrounded by icons (pictures of Christ and the saints), which remind us that we are participating, while on earth, in the worship of all the angels and saints in heaven. The entire service (except for the sermon) is sung. The words are all from Scripture or ancient Christian texts. Please follow the service in the books available in the pews. Weekly changes will appear below and marked with a corresponding letter in the service book.

### **COME BACK**

We hope to see you next week. Each Sunday we celebrate the Resurrection of Christ with our morning Matins service at 8:45am followed by the main Sunday service, Divine Liturgy at 10am. Sunday School for the Children follows Communion. Fr. Elia would love to speak with you and answer any questions you may have. Please fill out our Guest Form (CONNECTION CARD). There's also a place where you can let us know any specific needs or concerns and we will lift them up in prayer. We welcome everyone who would like to learn more about the Orthodox Christian Faith. Please contact Fr. Elia either by E-Mail ([elia\\_shalhoub@yahoo.com](mailto:elia_shalhoub@yahoo.com)) or on his cell phone (305) 812-4940

## ***Announcements***



**May 1st**

**May 8th**

**May 15th**

**May 22nd**

**May 29th**

### **EPISTLE READINGS**

**Charles Munoz Acts of the Holy Apostles. (5:12-20)**

**Subdeacon Jean Najjar First Epistle of St. John. (1:1-7)**

**Isaac Vaughn Acts of the Holy Apostles. (9:32-42)**

**Tristan Riter Acts of the Holy Apostles. (11:19-30)**

**Holly Dick Acts of the Apostles. (16:16-34)**

**FOOD FOR HUNGRY PEOPLE coin boxes are due today. Thank you !**



English	<i>Christ is Risen! Truly, He is Risen!</i>
Arabic	<i>AL MASEEH QAM! HAQQAN QAM!</i>
Greek	<i>Christos Anesti! Alithos Anesti!</i>
Ethiopian	<i>Yasous Taustwal! Aown Tasous Tanastwal!</i>
French	<i>Christ est ressuscite! En verite il est ressuscite!</i>
Hebrew	<i>Ha Mashiyach qam! Ken hoo qam!</i>
Swahili	<i>Christos ma fa-fuka! Qualey ma fa-fuka</i>
Romanian	<i>Christos a Inviat! Adeverat a Inviat!</i>
Eritrean-Tigre	<i>Christos tensiou! Bahake tensiou!</i>
Russian	<i>Khristos voskres! - Voistinu voskres!</i>
Spanish	<i>Cristo ha resucitado! En verdad ha resucitado!</i>



*Congratulations to Bellinger Family on the  
Baptism of their 3 boys.  
Welcome home Oakley, Judah and Noah!  
May God protect you and grant you many  
Happy and Healthy years!*



### **Offering Holy Bread**

It is the tradition of the Orthodox Church to offer Holy Bread for a Divine Liturgy for the health of a loved one; in memory of one who has fallen asleep in the Lord; a feast day, anniversary, birthday or other special occasion. The customary donation is \$25.00 per offering. Please fill out the form at the information table.

### **\*\* Instructions for Receiving Communion \*\***

- a. When standing in line to receive Communion, please observe six feet of distancing.
- b. Cross your arms over your chest (right arm over left).  
Open your mouth and tilt your head back.  
**DO NOT** close your mouth on the Communion Spoon.
- c. Do not wipe your mouth on, or touch the Communion Cloth (Kalima).
- d. Holy Bread (Antidoron) will be given out only after The Dismissal.

*Join us next Sunday for Mother's Day Celebration.  
Followed by the Special Luncheon after the Liturgy.*



**Please pray for the healing of** Deborah Thieme, Ann Shark, Jennifer Glass, Beverly Delida, Lisa Zolton, Tatiana Jones, Gabriella Baika, Ted Theodoropoulos, Lou Abraham, Fr. Basil, Susan Perers, Alix Hall, Shirley Young, Nina and Diogo Penas, Beth Manzini, John Archambeau, Holly Blank, Alex & Soula.



**MAY 1<sup>ST</sup> THOMAS SUNDAY**  
**BELOVED IN CHRIST**  
**CHRIST IS RISEN**

I would like to thank everyone who contributed to the beauty of our Great Lent and Holy Week Services. Many parishioners and visitors commented on how much they enjoyed the services.

We have just finished celebrating Great Lent, Holy Week and Pascha. If we have learned anything from the past 40 + days, it is this: Great Lent is an example of how we are called to live our lives as Orthodox Christians. It also points to the joy of celebrating Pascha everyday of our lives, *"For Christ God has brought us from death to life, and from earth to heaven."*

Do not allow Great Lent, Holy Week and Pascha to become a faint memory.

*"Enjoy ye all the feast of faith; receive ye all the riches of loving-kindness."*

*(From the Sermon of Saint John Chrysostom, read at Pascha)*

***In the Risen Lord,***

***Fr. Elia Shalhoub***

**Very Rev. Fr. Elia Shalhoub, Pastor**



Today we will have a 3-9 days Memorial for Fr. Elia's sister  
Houda Shalhoub

Who fell asleep in the Lord Wednesday, April 27, 2022  
in her village of Douma, Lebanon.

*The Clergy, Parish Council and all the Parishioners of Saint Anthony offer their deepest and sincerest condolences to our beloved Priest V. Rev. Fr. Elia Shalhoub and his wife Kh. Odette. Condolences are also extended to her children Dr. Don Shalhoub, George Shalhoub and his family, Alice Yazbek and her family, and Hekmat Shalhoub.*

**The Funeral proceedings took place on Friday April 29, 2022 in Douma, Lebanon. May Christ, who is our life and resurrection, give rest to the soul of the handmaid of God, Houda, with all the Saints and may He grant comfort, Christian patience, and strength to the family.**

**May her memory be eternal!**

**Donations can be made to Saint Anthony Church E/M Douma Nursing Home in Memory of Houda Shalhoub (as per her wishes). Please write the same in memo line if donating by check.**

## **The Apostle Thomas**

### **Christ is Risen! Indeed He is Risen!**

People often refer to the Apostle Thomas as “doubting,” not really considering the depth and the height of the “doubt” of this holy apostle. But let us look more carefully at this man. Was his doubt the same as that of the Judeans who yelled about the Savior Whom they crucified, “Let Him come down now from the cross, and we will believe in Him.” (Matthew 27:42); or was it similar to that which we hear from our contemporaries: “If there is God, let Him show Himself to all, and we will believe in Him and live happily ever after”? We know about his faithfulness and sacrificial love for his Teacher. After following the Savior for three years, Thomas understood very well the danger Christ faced from the scribes and the Pharisees. The other disciples also understood it very well; that is why when the Savior decided to go to Jerusalem, the apostles tried to talk Him out of it, warning Him of the danger (John 11:8). But it was St. Thomas who said, “Let us also go, that we may die with Him” (John 11:16). One does not often hear such words from a doubter! After the Ascension of the Savior, the Apostle Thomas, according to the Church Tradition, went to preach the Gospel in one of the furthest and most difficult to reach places of the ancient world—India, where he was tortured and killed for Christ. A week after the Resurrection, when the Savior came to His disciples and Thomas was with them, the holy apostle needed only a push, only a step, in order for this disciple who so selflessly loved his Teacher to realize to Whom he had devoted his life. “My Lord and my God!” exclaimed Thomas, who only a minute earlier had been understandably doubting the accounts of his brethren. “My Lord and my God!” exclaimed Thomas from the bottom of his loving heart. To such a person as Thomas God comes. This is the kind of person that He allows to touch Himself! In His desire to save people, Christ suffered everything: mocking and scourging, torture and shameful death, and even others poking at His wounds with their fingers after His glorious resurrection. If He is awaited, Christ will even go through closed doors (John 20:26). But what will He hear having entered our heart? Will He hear from us the words “my Lord and my God” or will He only receive mocking and scourging? Will we worship Him, as did St. Thomas, or will we crucify Him with our lack of repentance and hurl the rocks of our sins at Him? Lord, through the prayers of the holy Apostle Thomas, give us faith and help our unbelief (Mark 9:24)!





**SUNDAY, MAY 1<sup>ST</sup> 2022**

## **THOMAS SUNDAY**

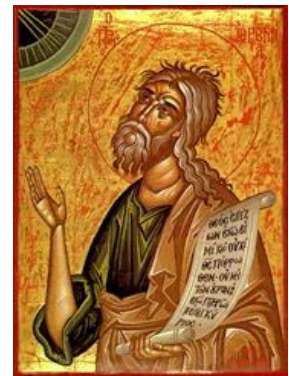
Though the doors were shut at the dwelling where the disciples were gathered for fear of the Jews on the evening of the Sunday after the Passover, our Saviour wondrously entered and stood in their midst, and greeted them with His customary words, "Peace be unto you." Then He showed unto them His hands and feet and side; furthermore, in their presence, He took some fish and a honeycomb and ate before them, and thus assured them of His bodily Resurrection. But Thomas, who was not then present with the others, did not believe their testimony concerning Christ's Resurrection, but said in a decisive manner, "Except I shall see in His hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into His side, I will not believe." Wherefore after eight days, that is, on this day, when the disciples were again gathered together and Thomas was with them, the Lord Jesus came while the doors were shut, as He did formerly. Standing in their midst, He said, "Peace be unto you"; then He said to Thomas, "Bring hither thy finger, and behold my hands; and bring hither thy hand, and thrust it into My side: and be not unbelieving, but believing."

And Thomas, beholding and examining carefully the hands and side of the Master, cried out with faith, "My Lord and my God." Thus he clearly proclaimed the two natures - human and divine - of the God-man (Luke 24:36-49; John 20:19-29).

This day is called Antipascha (meaning "in the stead of Pascha," not "in opposition to Pascha") because with this day, the first Sunday after Pascha, the Church consecrates every Sunday of the year to the commemoration of Pascha, that is, the Resurrection.

## **JEREMIAH THE PROPHET**

This great Prophet of God, Jeremias, who loved his brethren and lamented for them greatly, who prayed much for the people and the Holy City, was the son of Helkias of the tribe of Levi, from the city of Anathoth in the land of Benjamin. He was sanctified from his mother's womb, as the Lord Himself said concerning him: "Before I formed thee in the belly, I knew thee; and before thou camest forth from the womb, I sanctified thee; I appointed thee a prophet to the nations" (Jer. 1:5). He prophesied for thirty years, from 613 to 583 B.C. During the last captivity of the people in the reign of Sedekias, when only a few were left behind to cultivate the land, this Prophet remained with them by the permission of Nabuzardan, the captain of the guard under Nabuchodonosor. He wept and lamented inconsolably over the desolation of Jerusalem and the enslavement of his people. But even the few that remained behind transgressed again, and fearing the vengeance of the Chaldeans, they fled into Egypt, forcibly taking with them Jeremias and Baruch his disciple and scribe. There he prophesied concerning Egypt and other nations, and he was stoned to death in Taphnas by his own people about the year 583 B.C., since they would not endure to hear the truth of his words and his just rebukes. His book of prophecy is divided into fifty-one chapters, and his book of lamentation into five; he is ranked second among the greater Prophets. His name means "Yah is exalted."



**MARTYRS EMMANUEL, THEODORE, GEORGE, MICHAEL AND THE OTHER GEORGE OF SAMOTHRACE NEW MARTYR MARIA OF FOURNA, MIRABELLA IN CRETE**



*"Unless you are converted and become like children  
you will by no means enter the kingdom of heaven." Matthew 18:3*



## 2022 Parish Life Conference

### Diocese of Miami and the Southeast

#### Memphis, Tennessee

#### June 15–18, 2022



Hosted by St. John Orthodox Church at the beautiful Hilton Memphis

Join us in Memphis, Tennessee – the home of the Blues and the birthplace of Rock 'n' Roll – as we share fellowship with members from all corners of our Diocese. **Highlights of the in-person PLC include:**

- Keynote Speaker: Fr. Stephen Freeman
- Oratorical Festival
- Bible Bowl
- ...and much more!

The city of Memphis also has much to offer, including:

- Historic Beale Street
- Graceland (the home of Elvis Presley)
- National Civil Rights Museum
- The world's largest Bass Pro Shop
- Big River Crossing over the majestic Mississippi River
- ...and much more!



## Barbecue, Blues, and Beatitudes

## **2022 PLEDGE DRIVE**

**Thank you to the following Parishioners who already signed their pledge card.**

**Very Rev. Fr. Elia & Kh. Odette Shalhoub**

**Patricia Smith**

**Debbie Thieme**

**Dr. & Mrs. Alex Skaff**

**Subdeacon Jean Najjar**

**Alix Hall**

**John and Joanne Karas**

**Lou Abraham**

**Gabriella Baika**

**Mark and Lori Sorenson**

**Susan Perers**

**Ionica Dragu**

**Michael and Janet Gorczynski**

**Peri Kiros**

**Adrian and Carrie Matos**

**Deborah Abdo Dambrosio**

**Michealle Carey**

**Mr. and Mrs. Bill Jackson**

**Mr. and Mrs. Robert Dodge**

**Yuliya Gabbasova**

**Subdeacon Michael And Alyssa Liberman**

**Jeffrey Bellinger**

**Carlos and Olga Munoz**

**Isaac Vaughn**

**Ann Shark**

**Kevin Michael Brown**

**Stephanie Enstice**

**Jeff & Holly Dick**

**Tristan & Jennifer Riter**

**(Our Goal for 2022 is \$75,000.00)**

**THE ARCHDIOCESE ANNUAL ASSESSMENT (\$50.00) PER BAPTISED SOUL  
EVERY PARISHIONER IS RESPONSIBLE TO PAY THIS ASSESSMENT ONCE A  
YEAR BESIDE YOUR PLEDGE TO THE CHURCH.**

**IF YOU HAVEN'T SUBMITTED THE ASSESSMENT MONEY YET,  
PLEASE DO SO AS SOON AS YOU CAN. THANK YOU FOR YOUR GENEROSITY!**




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**ALL OUR SERVICES IN THE CHURCH FOR THE MONTH OF **MARCH** WILL  
BE OPEN WITH SOME RESTRICTIONS,  
**WE NEED TO KEEP SOCIAL DISTANCING AND THE MASK WILL BE  
RECOMENDED**  
**BECAUSE OF THE COVID VARIANT SITUATION.****



## ABOUT DOUBT AND FAITH



oday is known as ST. THOMAS SUNDAY. Two great but contrasting themes present themselves on this Sunday following our Lord's Resurrection.

The first theme we will explore is DOUBT by this Apostle. Informed that Jesus had risen from the dead and had in fact appeared to the other disciples, Thomas proclaimed: "Unless I see in His hands the print of the nails . . . and thrust my hand into His side, I will not believe." Yes, Thomas doubted. Indeed, it is human to doubt, but this imposes an obligation to search and resolve the doubt. Thomas returned to the company of believers, and in the end falls at the feet of the Risen Savior, proclaiming: "My Lord and my God!"

The other theme is our Lord's COMPASSION and LOVE. He did not forget Thomas and wipe his name off the slate of Apostleship. Eight days after the Resurrection, when the Apostles had again gathered behind locked doors, the Risen Lord appeared and quickly called for Thomas to come . . . "Reach here your finger, and behold my hands, and reach here your hand and thrust it into my side, and be not faithless but believing."

But there is also an appeal to people today: Jesus said "Blessed are they who have not seen, and yet have believed." Among those "blessed" we may number ourselves if we proclaim with St. Thomas: "My Lord and my God!"

*The Orthodox Weekly Bulletin* . . . . . Vestal, Cliffwood, New Jersey . . . . . Litho in U.S.A.

## ABOUT COMMUNION

*We are happy that you have joined us today. Indeed, we pray for the "unity of the Faith" for the day when all of Christianity are united as ONE and can share a common Chalice. However, this is not the case as yet. Please note that Holy Communion, the actual Body & Blood of our Lord Jesus Christ, is only for Members of the Orthodox Church who have prepared themselves through prayer, fasting, and confession, & arrived before the Gospel reading. However, everyone is welcome to partake of the blessed bread and receive a blessing from the pastor at the dismissal. If you are interested, you may inquire with the pastor how you can become a member.*

*If you are a guest or otherwise not a regular communicant, please give your baptismal name when receiving.*