



## St. Anthony The Great Antiochian Orthodox Church

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Very Rev. Fr. Elia Shalhoub, Pastor & Dean of South Florida Deanery  
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### WELCOME TO ST. ANTHONY'S

Where people from around the world come together to serve God and our community.  
We are glad you are worshipping with us today! This Church is one community of many in the One, Holy, Catholic, and Apostolic Church. The Church of Antioch belongs to two thousand years of evangelization, teaching, history, and tradition which expresses the continued commitment of its members to the Orthodox Christian faith in the Lord Jesus Christ!  
St. Anthony Church is a Pan-Orthodox community, under the omophorion of Metropolitan JOSEPH within the Self-ruled Antiochian Orthodox Christian Archdiocese of North America.  
If you are a first time visitor, please fill out the guest form located on the literature table.  
We want you to feel at home in prayer and worship. Please submit your names to the ushers and introduce yourself to Fr. Elia at the end of the service so he may welcome you personally.  
Following services, please join us for sharing of fellowship, coffee, and food.

## DIVINE LITURGY VARIABLES ON SUNDAY, FEBRUARY 13, 2022 TONE 1 / EOTHINON 1

### SUNDAY OF THE PHARISEE AND PUBLICAN

VENERABLE MARTINIAN OF PALESTINE; VENERABLE SIMEON THE MYRRH-STREAMING, PRINCE OF SERBIA; APOSTLES AND MARTYRS AQUILA AND PRISCILLA; EULOGIOS, PATRIARCH OF ALEXANDRIA

*NOTE TO CLERGY: Remember to include this special petition in the Great Litany before the one for the head of state, as directed by the Antiochian Archdiocese.*

**Deacon:** For Metropolitan Paul, Archbishop John, and for their quick release from captivity and safe return, let us pray to the Lord.

**Choir:** Lord, have mercy.

*~ During the Little Entrance, chant the Resurrectional Apolytikion. The Eisodikon (Entrance Hymn) is "O come, let us worship... save us, O Son of God, Who art risen from the dead..." After the Little Entrance, chant the apolytikia in the following order:*

### RESURRECTIONAL APOLYTIKION IN TONE ONE

While the stone was sealed by the Jews, and the soldiers were guarding Thy most pure body, Thou didst arise on the third day, O Savior, granting life to the world. For which cause the heavenly powers cried aloud unto Thee, O giver of life. Glory to Thy Resurrection, O Christ, glory to Thy kingdom, glory to Thy providence, O Thou Who alone art the lover of mankind.

### APOLYTIKION OF ST. ANTHONY THE GREAT IN TONE FOUR

Thou didst become like the zealous Elijah in his condition, and followed John the Baptist in his upright ways, becoming a dweller in the wilderness and an establisher of the universe by thy prayer, O Father Anthony. Wherefore, intercede thou with Christ God to save our souls.

## Please support our sponsors



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### Covid Precautions Update

**Over the past few weeks, our country, state and local communities have witnessed a substantial increase in Covid 19 cases after the 'Omicron' variant. We ask that you please be mindful of the following:**

**If you are experiencing any Covid symptoms, please contact your medical provider and refrain from attending church services.**

**There is currently a mask mandate at Saint Anthony's. For those who does not have one, a box of masks have been placed on the table in the Church Narthex.**

**We ask that you please continue to maintain social distancing when possible, in particular while in line to receive Communion; and at the Dismissal while you are receiving the blessing at the end.**

**We are putting a hold on our Coffee Hour, until we see a decline in the Covid Cases.**



**TODAY'S FEAST SUNDAY, FEBRUARY 13TH 2022  
(SUNDAY OF THE PHARISEE & PUBLICAN)**

The Pharisees were an ancient and outstanding sect among the Jews known for their diligent observance of the outward matters of the Law. Although, according to the word of our Lord, they "did all their works to be seen of men" (Matt. 23:5), and were hypocrites (ibid. 23: 13, 14, 15, etc.), because of the apparent holiness of their lives they were thought by all to be righteous, and separate from others, which is what the name Pharisee means. On the other hand, Publicans, collectors of the royal taxes, committed many injustices and extortions for filthy lucre's sake, and all held them to be sinners and unjust. It was therefore according to common opinion that the Lord Jesus in His parable signified a virtuous person by a Pharisee, and a sinner by a Publican, to teach His disciples the harm of pride and the profit of humble-mindedness. Since the chief weapon for virtue is humility, and the greatest hindrance to it is pride, the divine Fathers have set these three weeks before the Forty-day Fast as a preparation for the spiritual struggles of virtue. This present week they have called Harbinger, since it declares that the Fast is approaching; and they set humility as the foundation for all our spiritual labors by appointing that the parable of the Publican and the Pharisee be read today, even before the Fast begins, to teach, through the vaunting of the Pharisee, that the foul smoke of self-esteem and the stench of boasting drives away the grace of the Spirit, strips man of all his virtue, and casts him into the pits of Hades; and, through the repentance and contrite prayer of the Publican, that humility confers upon the sinner forgiveness of all his wicked deeds and raises him up to the greatest heights. All foods are allowed the week that follows this Sunday.

**ST. MARTINIANOS THE RIGHTEOUS**

Saint Martinian, who was from Caesarea of Palestine, flourished about the beginning of the fifth century. He struggled in the wilderness from his youth. After he had passed twenty-five years in asceticism, the devil brought a temptation upon him through a harlot, who when she heard the Saint praised for his virtue, determined to try his virtue, or rather, to undo it. Coming to his cell by night as it rained, and saying she had lost her way, she begged with pitiful cries to be admitted in for the night, lest she fall prey to wild beasts. Moved with compassion, and not wishing to be guilty of her death should anything befall her, he allowed her to enter. When she began to seduce him, and the fire of desire began to burn in his heart, he kindled a fire and stepped into it, burning his body, but saving his soul from the fire of Gehenna. And she, brought to her senses by this, repented, and, following his counsel, went to Bethlehem to a certain virgin named Paula, with whom she lived in fasting and prayer; before her death, she was deemed worthy of the gift of wonder-working. Saint Martinian, when he recovered from the burning, resolved to go to some more solitary place, and took a ship to a certain island, where he struggled in solitude for a number of years. Then a young maiden who had suffered a shipwreck came ashore on his island. Not wishing to fall into temptation again, he departed, and passed his remaining time as a wanderer, coming to the end of his life in Athens.



**KONTAKION FOR THE PHARISEE AND PUBLICAN IN TONE FOUR**

*(\*\*On this day Thou hast appeared\*\*)*

Let us flee the Pharisee's \* conceited vaunting; \* let us learn the Publican's \* humility, and cry with groans \* unto the Savior: Thou Who alone \* art swiftly reconciled, be gracious unto us.

**THE EPISTLE**

*(For Sunday of the Pharisee and Publican)*

*Make your vows and pay them to the Lord our God. God is known in Judea; His Name is great in Israel.*

**The Reading from the Second Epistle of St. Paul to St. Timothy. (3:10-15)**

My son Timothy, you have followed my teaching, conduct, purpose, faith, longsuffering, love, patience, persecutions, sufferings, what things befell me at Antioch, at Iconium, and at Lystra. What persecutions I endured! And out of them all the Lord delivered me. Indeed all who would live a godly life in Christ Jesus will be persecuted. But people who are wicked and deceivers will proceed from worse to worse, deceiving and being deceived. But as for you, continue in the things which you have learned and have been assured of, knowing from whom you have learned them, and how from infancy you have known the sacred temple writings which are able to make you wise for salvation through faith in Christ Jesus.

**THE GOSPEL**

*(For Sunday of the Pharisee and Publican)*

**The Reading from the Holy Gospel according to St. Luke. (18:10-14)**

The Lord spoke this parable: "Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank Thee that I am not like other men, extortionists, unjust, adulterers, or even like this tax collector. I fast twice a week; I give tithes of all that I get.' But the tax collector, standing far off, would not even lift up his eyes to heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted."



**ABOUT THE DIVINE LITURGY**

The Divine Liturgy expresses the entire Christian faith in a continuous song of praise and prayer addressed to God. It is focused on God, not on us. There is nothing just for amusement or entertainment. Since much of the service is the same every week, worshippers know it and can participate personally, either by singing along or just by prayerful attention. Worshippers are surrounded by icons (pictures of Christ and the saints), which remind us that we are participating, while on earth, in the worship of all the angels and saints in heaven. The entire service (except for the sermon) is sung. The words are all from Scripture or ancient Christian texts. Please follow the service in the books available in the pews. Weekly changes will appear below and marked with a corresponding letter in the service book.

**COME BACK**

We hope to see you next week. Each Sunday we celebrate the Resurrection of Christ with our morning Matins service at 8:45am followed by the main Sunday service, Divine Liturgy at 10am. Sunday School for the Children follows Communion. Fr. Elia would love to speak with you and answer any questions you may have. Please fill out our Guest Form (CONNECTION CARD). There's also a place where you can let us know any specific needs or concerns and we will lift them up in prayer. We welcome everyone who would like to learn more about the Orthodox Christian Faith. Please contact Fr. Elia either by E-Mail (elia\_shalhoub@yahoo.com) or on his cell phone (305) 812-4940



## Announcements



February 13th  
February 20th  
February 27th

### EPISTLE READING

Carrie Matos	St. Paul to St. Timothy. (3:10-15)
Kevin Michael Brown	St. Paul to the Corinthians. (6:12-20)
Ionica Dragu	St. Paul to the Corinthians. (6:12-20)

**Did Somebody Say BBQ Ribs & Chicken?!?**

**The Parish Council is back with monthly barbecues.**

**Stop by on Saturday, February 19, from 11am-3pm, and pick up your order with a choice of two sides – potato salad, coleslaw, or baked beans.**

**We look forward to seeing you!**

**Call or text your order to 321-428-4819.**

### **Offering Holy Bread**

**It is the tradition of the Orthodox Church to offer Holy Bread for a Divine Liturgy for the health of a loved one; in memory of one who has fallen asleep in the Lord; a feast day, anniversary, birthday or other special occasion. The customary donation is \$25.00 per offering. Please fill out the form inserted, if you wish to offer Holy Bread.**

### *Special Collection*

*There will be a special collection today for Bittle Family and their daughter Abigail. We do this every year before Valentines Day to show them our love and support.*

### **HOUSE BLESSINGS ARE IN PROGRESS**

Fr. Elia would like to bless each of the homes of all of the parishioners of St. Anthony. If you have not filled out a House Blessing form, please do so as soon as possible. Form is available at the Display table for your convenience.

**Join us for a workday, Saturday, February 26th, from 8:30am-1pm.**

**We'll be painting, spreading mulch,**

**organizing the storage room and the shed and do other tasks.**

**We're also going to have a pop-up yard sale to clear out the shed.**

**(At this time, we do not need any donations from our parishioners.)**



*Please pray for the healing of* John Thieme, Debbie Thieme, Ann Shark, Jennifer Glass, Luke and Beverly Delida, Lisa Zolton, Tatiana Jones, Gabriella Baika, Ted Theodoropoulos, Susan Perers, Lou Abraham, Alix Hall, Shirley, Nina and Diogo Penas, Beth Manzini, John Archambeau, Holly Blank, Alex & Soula.



## **PREPARING FOR GREAT LENT**

Beloved in Christ,

This Sunday, we will enter our preparation for Great Lent. You should follow carefully the Lenten rules. In any event, I am providing for you an introduction to this discipline by Metr. Kallistos Ware. Remember that the purpose of all this is to put love in your heart and to bring yourself and your neighbor closer to God.

### **THE RULES OF FASTING**

From the Lenten Triodion by Archim. Kallistos Ware and Mother Mary, pp. 35-37

Within this developed pattern of Lent, what precisely do the rules of fasting demand? Neither in ancient nor in modern times has there ever been exact uniformity, but most Orthodox authorities agree on the following rules:

- (1) During the week between the Sunday of the Publican and the Pharisee and that of the Prodigal Son, there is a general dispensation from all fasting. Meat and animal products may be eaten even on Wednesday and Friday.
- (2) In the following week, often termed the 'Week of Carnival', the usual fast is kept on Wednesday and Friday. Otherwise there is no special fasting.
- (3) In the Week before Lent, meat is forbidden, but eggs, cheese and other dairy products may be eaten on all days, including Wednesday and Friday.
- (4) On weekdays (Monday to Friday inclusive) during the seven weeks of Lent, there are restrictions both on the number of meals taken daily and on the types of food permitted; but when a meal is allowed, there is no fixed limitation on the quantity of food to be eaten.
  - (a) On weekdays in the first week, fasting is particularly severe. According to the strict observance, in the course of the five initial days of Lent, only two meals are eaten, one on Wednesday and the other on Friday, in both cases after the Liturgy of the Presanctified. On the other three days, those who have the strength are encouraged to keep an absolute fast; those for whom this proves impracticable may eat on Tuesday and Thursday (but not, if possible, on Monday), in the evening after Vespers, when they may take bread and water, or perhaps tea or fruit-juice, but not a cooked meal. It should be added at once that in practice today these rules are commonly relaxed. At the meals on Wednesday and Friday xerophagy is prescribed. Literally this means 'dry eating'. Strictly interpreted, it signifies that we may eat only vegetables cooked with water and salt, and also such things as fruit, nuts, bread and honey. In practice, octopus and shell-fish are also allowed on days of xerophagy; likewise vegetable margarine and corn or other vegetable oil, not made from olives. But the following categories of food are definitely excluded:
    - (i) meat;
    - (ii) animal products (cheese, milk, butter, eggs, lard, dripping);
    - (iii) fish (i.e. fish with backbones);
    - (iv) oil (i.e. olive oil) and wine (i.e. all alcoholic drinks).

In Christ,

*Fr. Elia Shalhoub*

**Very Rev. Fr. Elia Shalhoub, Pastor**

## 2022 PLEDGE DRIVE

Thank you to the following Parishioners who already signed their pledge card.

**Very Rev. Fr. Elia & Kh. Odette Shalhoub**  
**Patricia Smith**  
**Debbie Thieme**  
**Dr. & Mrs. Alex Skaff**  
**Subdeacon Jean Najjar**  
**Alix Hall**  
**John and Joanne Karas**  
**Lou Abraham**  
**Gabriella Baika**  
**Mark and Lori Sorenson**  
**Susan Perers**  
**Ionica Dragu**  
**Michael and Janet Gorczynski**  
**Peri Kiros**  
**Adrian and Carrie Matos**  
**Deborah Abdo Dambrosio**  
**Michealle Carey**  
**Mr. and Mrs. Bill Jackson**  
**Mr. and Mrs. Robert Dodge**  
**Yuliya Gabbasova**  
**Subdeacon Michael And Alyssa Liberman**  
**Jeffrey Bellinger**  
**Carlos and Olga Munoz**  
**Isaac Vaughn**  
**Ann Shark**  
**Kevin Michael Brown**  
**Stephanie Enstice**  
**Jeff & Holly Dick**  
**Tristan & Jennifer Riter**

**(Our Goal for 2022 is \$75,000.00)**

THE ARCHDIOCESE ANNUAL ASSESSMENT (\$50.00) PER BAPTISED SOUL  
EVERY PARISHIONER IS RESPONSIBLE TO PAY THIS ASSESSMENT ONCE A  
YEAR BESIDE YOUR PLEDGE TO THE CHURCH.

IF YOU HAVEN'T SUBMITTED THE ASSESSMENT MONEY YET,  
PLEASE DO SO AS SOON AS YOU CAN. THANK YOU FOR YOUR GENEROSITY!

## UPCOMING SUNDAY CALENDAR

Below lists the upcoming Sundays from January 30th until Holy Pascha, which falls on April 24th this year. We invite you to join us each week for Sunday Liturgy to celebrate this special commemoration of Jesus' life, death, and Resurrection.

Please mark these special dates on your calendar.

February 13	Pharisee & Publican
February 20	Prodigal Son
February 27	Meatfare Sunday (Last Judgement)
March 6	Cheesefare Sunday (Forgiveness Sunday)
March 7	Beginning of Great Lent
March 13	1st Sunday of Lent (Sunday of Orthodoxy)
March 20	2nd Sunday of Lent
March 27	3rd Sunday of Lent
April 3	4th Sunday of Lent
April 10	5th Sunday of Lent
April 17	PALM SUNDAY
April 22	GOOD FRIDAY
April 24	HOLY PASCHA
May 1	THOMAS SUNDAY



## HOLY BREAD

(COMMUNION OFFERING)

If you wish to offer \$25 to provide

Holy Bread for the Communion in memory of one who has fallen asleep in the Lord; for the health of a loved one; a feast day, anniversary, birthday or other special occasion, please fill out this form.

YOUR NAME \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

OCCASION \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

DATE OF THE OCCASION \_\_\_\_\_

MESSAGE TEXT AND/OR NAMES TO BE MENTIONED IN  
THE BULLETIN \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please write your check to St. Anthony Church with a memo “Communion offering”  
or put \$25 cash in the “Communion offering” envelope.

Hand your form to Yuliya, no later then one week  
before the mentioned occasion for it to be in the bulletin.  
Call or text (321) 960-9564 if you wish to use a special image.

## Valentine’s Day by Saint Elizabeth Convent

This Monday Feb 14<sup>th</sup> the Western world will celebrate St. Valentine's Day, while we, Eastern Christians, on the Old Calendar will commemorate the great feast of the Presentation of the Lord (February 15th). The secular world, both here and in the West, focuses on love once a year, on February 14th. As you know, we Christians are called to remember this greatest virtue and gift of God on each day of our lives.

Today, I want to share with you how we show our love for three very important groups of people near our convent.

Firstly, we love and serve the homeless, poor, and disadvantaged men and women. We have TWO separate rehabilitation centers where those people rebuild their lives by learning to work and finding God along the way.

Secondly, we love and visit mentally challenged children and adults who live in special boarding homes and hospitals. We call them God’s People because their pure hearts are always ready to follow God.

And third, we love and help those who are suffering from illnesses. We have a Visiting Nurse Service to help bedridden elderly people and our lay sisters also visit the patients of the Minsk City Clinical Hospital.

“FOR I WAS HUNGRY AND YOU GAVE ME FOOD, I WAS THIRSTY  
AND YOU GAVE ME DRINK, A STRANGER AND YOU WELCOMED  
ME, NAKED AND YOU CLOTHED ME, ILL AND YOU CARED FOR ME,  
IN PRISON AND YOU VISITED ME.” - MATTHEW 25:35-26

## Ten ways to love

*Listen without interrupting. (Proverbs 18)*

*Speak without accusing. (James 1:19)*

*Give without sparing. (Proverbs 21:26)*

*Pray without ceasing. (Colossians 1:9)*

*Answer without arguing. (Proverbs 17:1)*

*Share without pretending. (Ephesians 4:15)*

*Enjoy without complaint. (Philippians 2:14)*

*Trust without wavering. (1 Corinthians 13:7)*

*Forgive without punishing. (Colossians 3:13)*

*Promise without forgetting. (Proverbs 13:12)*



St. Mary's Orthodox Church Presents

## *An Evening of Enchantment*

*Saturday February 26, 2022*



Carla Sleiman  
All the way from  
Lebanon!

Doors Open at 7:30pm  
Cash Bar Cocktail Hour  
Dinner at 9:00pm

Featuring  
Fadi Harden  
Musician



Bellydance by  
Cheeky Belly

St. Mary's Banquet Hall  
1317 Florida Mango Road  
West Palm Beach

Tickets: \$75 in Advance, \$85 at the Door

For Tickets and Information Contact  
Nabil Aboukhaled: 501-502-8588

Jane Pasley: 501-380-0340

7 years & under (free)

8 years to 12 \$25

# ST. ANTHONY ORTHODOX CHRISTIAN CHURCH BBQ FUNDRAISER

**SAT. FEBRUARY 19TH \* 11AM-3PM**

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## **BBQ RIBS & CHICKEN**

### **RIBS**

HALF RACK W/2 SMALL SIDES \$14

WHOLE RACK W/2 LARGE SIDES \$27

### **CHICKEN**

2-PIECE W/2 SMALL SIDES \$10

4-PIECE W/2 LARGE SIDES \$20

### **COMBO**

2-PIECE CHICKEN & 3 RIBS  
W/2 SMALL SIDES \$12

4-PIECE CHICKEN & 6 RIBS  
W/2 LARGE SIDES \$25

### **SIDES**

POTATO SALAD \* COLESLAW \* BAKED BEANS

### **EXTRA SIDES**

SM. 1/\$3; 2/\$5; 3/\$7; LG. 1/\$4; 2/\$6; 3/\$8

**CASH OR CHECKS WITH VALID ID ACCEPTED**

**FOR MORE INFO OR TO PRE-ORDER, CALL OR TEXT 321-428-4819**